



Mr Jere Pohjankoski

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Date	Age	Height		Weight		mm												Lean mass			
		cm	Inches	Kg	Lbs	Chin	Cheek	Pec	Tricep	S-scap	Midax	Supra	Umbil	Knee	Calves	Quadr.	Hamst	Sum	% Fat	Kg	Lbs
26/3/2012	29	176		79.2		4,1	12,1	2,8	13,4	17,3	7,8	15,6	15,2	8	9,8	14	26,2	106,1	16.8	65.9	145.0
						12	7	11	10	6	8	5	3	9	2	4	1				



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